FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
OMB Number:	3235-0287				
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * De La Rosa Abel			2. Issuer Name and Ticker or Trading Symbol Virios Therapeutics, Inc. [VIRI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner					
44 MILT	ot) ON AVE	(First) NUE		3. Date of Earliest Transaction (Month/Day/Year) 06/22/2021				Officer (giv	ve title below)	Othe	er (specify below	v)		
(Street) ALPHARETTA, GA 30009			4. If Amendment, Date Original Filed(Month/Day/Year)					_X_	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned					ed					
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year		2A. Deemed Execution Date r) any (Month/Day/Ye		Code (Instr	r. 8) (A. Securities Acc (A) or Disposed Instr. 3, 4 and 5 (A) or (A) or (D)	of (D) Ow Tra (Ins				Ownership	Beneficial Ownership		
							Persor	ns who respo						474 (9-02)
			Table II -				form d	ned in this for lisplays a curr posed of, or Ben onvertible secu	rently valid	d OMB co				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if	4. Transact Code	5. Nu of Deriv	mber ative ities ired r osed)	form d quired, Disp s, options, c	osed of, or Ben onvertible secu ercisable and Date	rently valid	vned d Amount	8. Price of		f 10. Ownersh Form of Derivativ Security: Direct (D or Indirec	(Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, if	4. Transact Code	5. Nu ion of Deriv Secur Acqu (A) of Dispo	mber ative ities ired r osed)	dquired, Disps, options, continued (Month/Da)	osed of, or Benonvertible secuercisable and Date y/Year)	rently valid neficially Own rities) 7. Title and of Underly Securities	vned d Amount	8. Price of Derivative Security	9. Number o Derivative Securities Beneficially Owned Following Reported Transaction(f 10. Ownersh Form of Derivativ Security: Direct (D or Indirects)	of Indire Benefici Ownersh (Instr. 4)

Reporting Owners

D 4 0 N /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
De La Rosa Abel 44 MILTON AVENUE	X					
ALPHARETTA, GA 30009	Λ					

Signatures

/s/ Greg Duncan, Attorney-in-Fact	06/23/2021
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The stock option will vest in 12 equal monthly installments following the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.